

The best people to tell you about the scheme are our former mentees and mentors

"I really enjoy assisting others and applying what I have learnt in my career to date."

"It has helped me solve issues in my own workplace as well as developing my coaching skills and the confidence to progress with my career goals."

"It is very rewarding to see the potential in someone and work with them to enable them, not only to learn new skills, but also to recognise that they already have the ability, the potential to achieve whatever they want."

"I love it – as well as helping others I find it really useful for my own development."

"In our sessions we look at specific development goals such as time management or coping with stress. We talk through real examples from our own lives, and it has become a learning experience for both of us."

"You really don't know what you have to give until you become a mentor."

"In just two months, this scheme has completely changed my outlook. My mentor is helping me to overcome my fears and I am now actually looking forward to my forthcoming job interviews."

"I don't think my mentor will ever realise what an incredible difference she has made to my life and my future."

Sounds interesting?

Want to know more?

Please contact your scheme co-ordinator:



Or contact:

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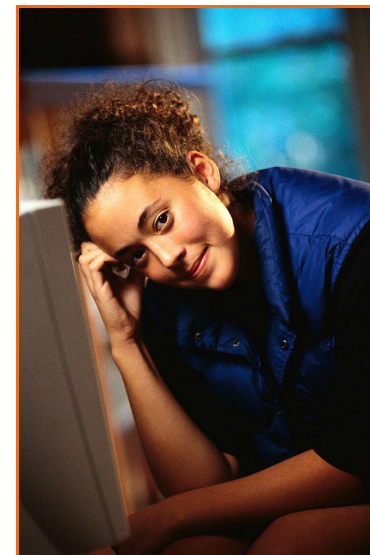
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Please call me on 020.8223.4605 if you would like this leaflet in any other font size or colour, or by email

The National Mentoring Consortium

Becoming a Mentor



Disabled & Dyslexic Undergraduate Scheme



NATIONAL
MENTORING
CONSORTIUM



THE DISABLED & DYSLEXIC UNDERGRADUATE SCHEME

What is the National Mentoring Consortium?

The National Mentoring Consortium (NMC) is a nationally recognised organisation based at the University of East London. It is a leader in mentoring support and encouraging the recruitment of talent from under-represented populations in the U.K.

What are the aims of the NMC?

- To support students from populations that are under represented in the workplace
- To prepare and develop high-calibre students and mentors to achieve their full potential
- To help students prepare for their future and take charge of their own destiny

Why a disability scheme?

- Disabled people are under represented in the workforce by a factor of one to nine (Shaw Trust 2007).
- Disability can affect confidence and self-belief and hinder graduates in preparing for entry to the world of work.
- The scheme enables employers to become more disability aware with both staff and clients needs.

What is mentoring about?

There are many definitions of the role of the mentor, but all include verbs like support, guide, facilitate, etc. The main aspects are to do with listening, questioning, and enabling, as distinct from telling, directing, and restricting.

- A mentor assists and gives guidance, advice, and support.
- Mentoring is about recognising people's abilities and bringing them out.
- We provide first class training in mentoring for all our mentors with professional and experience trainers
- The mentees selected for the Scheme are keen, motivated and eager to make the most of mentoring opportunities

The Disability Undergraduate Scheme

The Disability Undergraduate Scheme links students with a disability or dyslexia with motivated professionals like you in order to give them support, experience, and help them to develop their talents and abilities, as well as grow in confidence.

You can help to make a difference

Details of the scheme

- Based on a one to one relationship
- Students are matched to mentors on a number of criteria including career path. The most important element is the relationship a student builds with a mentor that provides personal development for both parties.
- Six months from November to April
- Twelve meetings over the six month period held at the mentor's workplace or another convenient location
- University Certificates awarded on successful completion of the scheme

The advantages to you of the scheme

- The opportunity to make a difference by helping a young person create a brighter future. Be part of the solution.
- Gain the knowledge and skills of mentoring and bring these back into your own workplace and professional development
- Network, socialise and learn with other mentors from a broad spectrum of public and private sector organisations and businesses.
- Benefit from a new perspective, a young eye, and a fresh outlook on life.
- The positive feedback from your mentee