The best people to tell you about the scheme are our students & their mentors

"Someone to share my plans and....... ambitions with, who didn't have preset agendas or expectations"

"My mentor provided me with useful insights to working life, guidance on interviews, CV preparation, and general career advice from someone with inside knowledge and experience"

"I developed my self-confidence and learnt strategies to develop areas of weakness that I now view as strengths."

"As a mentor, is it very rewarding to see the potential in someone and work with them to enable them, not only to learn new skills, but also to recognise that they already have the ability, the potential to achieve whatever they want.".....

"In just two months, this scheme has completely changed my outlook. My mentor is helping me to overcome my fears and I am now actually looking forward to my forthcoming job interviews."

#### Sounds interesting?

#### Want to know more?

Please contact: Your scheme coordinator

Or
Ursulla O'Mahoney
Disabled & Dyslexic Undergraduate
Scheme Officer

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Please call me on 020.8223.4605 if you would like this leaflet in any other font size or colour, or by email

# An opportunity to be mentored in the workplace

GET A HEAD START IN THE GRADUATE RACE



# **Disability and Dyslexia Undergraduate Scheme**



National Mentoring Consortium









#### GET THE ADVICE TO HELP YOU WIN THE GRADUATE RACE FOR JOBS

### What is the National Mentoring Consortium (NMC)?

The NMC is a leader in mentoring support and encourages employers to recruit more talent from under-represented populations in the U.K.

People with a disability are as capable and talented as anyone else, but under-represented in the workplace in the U.K. WE WANT TO HELP YOU CHANGE THAT.

#### What are the aims of the NMC?

- \* To prepare and develop students to achieve their full potential
- \* To help students prepare for their future and take charge of their own destiny

Help you develop skills to Win in the highly competitive world of graduate recruitment

#### What is the scheme about?

We link students with a disability or dyslexia with motivated professionals from major organisations, to share experience, and help in preparing for entry to the world of work.

#### Details of the scheme

- \* Students are matched to mentors in a requested career area if possible
- \* A 1 hour meeting every fortnight at the mentors workplace, giving the student experience of a corporate setting and workplace environment, and a bridge between the world of university and work
- \* The student get tailored preparation to help them decide on their developmental needs and goals through self analysis, goal setting, and prioritising techniques used by professionals
- University Certificates awarded on successful completion of the scheme

#### Mentors support students in:

- ★ Job hunting skills- completing applications, writing a C.V., interview skills, presentations, assessment centres
- \* Developing core skills for study and work, such as time management, planning, communication, team work
- \* Developing **CONFIDENCE**
- \* The mentors are friendly, supportive, and keen to share their knowledge.

## What are the advantages to you of joining the scheme?

Core skills are important to today's businesses and that's what they look for.

- \* Deciding to be a mentee shows you are a self-starter.
- \* A mentee gains experience of planning, goal setting, and communication.
- \* Deciding to develop yourself and having the confidence to build relationships demonstrates initiative.
- Many graduate employers now provide mentors for their trainees You will be prepared to get the most out of workplace mentoring
- The opportunity to develop skills and learn from the experience of professional people.

For just twelve hours of your time you can get inside knowledge and develop the skills employers want.

#### What have you got to loose?

Call Ursulla at the NMC today
On 020.8223.4605